



New Year's Retreat Information

Get excited to ring in the new year with Cascades! Experience a relaxing time with family and friends full of games, activities, and meals that will leave you refreshed for the new year.

- **Arrival:** Plan to arrive between **around 4:00pm** on the first day of the retreat. Go straight to Timberidge Lodge. Room assignments will be shared at Timberidge
- **Packing:** Bring an overnight bag with warm, winter clothes, sturdy walking shoes, toiletries, water bottle, sleeping bag & pillow, bath towel.
- **Departure:** The retreat ends at **11:00am** on Friday the 2nd.

IMPORTANT INFORMATION:

- **Meals:** These are included as part of the retreat. Meals will take place in Timberidge. The meals offered are dinner, brunch, dinner, and brunch. If you have dietary restrictions, please update that information on your profile in our online registration portal.
- **Snacks:** Cascades will provide some snacks. If you have a favorite, or leftovers from the Holidays, feel free to bring those for times in between meals.
- **Activities:** There will be a variety of fun activities, both indoors and outdoors, for those who want a slow or fast-paced retreat experience. Options for all ages will be provided.
- **Arriving Late?** Contact the Program Team at program@cascadescamp.org or call our office number 360.894.3838 to let us know so that we can update the Program Team of your arrival time.

Please let us know if you have any further questions!