



S.A.L.T. Reunion Information

S.A.L.T.s! Get excited to see your good friends from the summer and some of the summer staff! Read the following to prepare yourself for a fun overnight:

DROP-OFF to Camp:

- **Arrival:** Plan to arrive between **10:00am and 11:00am** on the first day of the retreat. Go straight to Timberidge Lodge.
- **Sign-In:** S.A.L.T.s will sign-in at Timberidge Lodge (no need to stop at Nisqually Center before going to Timberidge).
- **Cell Phones:** Cellular service is poor and spotty so making phone calls and texts is difficult. Parents, in particular, please keep that in mind if you are trying to get a hold of your camper. You can call the Cascades number with questions.
- **Packing:** Bring an overnight bag with warm, winter clothes, sturdy walking shoes, toiletries, water bottle, sleeping bag & pillow, bath towel, and Bible/journal/pen.
- **Do not bring:** valuables, knives, other weapons, fireworks, or substances.

PICK-UP from Camp:

- **Departure:** The retreat ends at **4:00pm**. Pick-up will be at Timberidge Lodge.

IMPORTANT INFORMATION:

- **Spending Money is Optional:** The Espresso Stand and Gift Store may be open at some point during the retreat. If you desire, you may bring spending money for purchases here.
- **Meals:** These are included as part of the retreat. If you have dietary restrictions, please update that information on your profile in our online registration portal.
- **Activities:** There will be a variety of fun activities including a possible white elephant gift exchange. Please note this should be simple, fun, and inexpensive.
- **Arriving Late?** Contact the Program Team at program@cascadescamp.org or call our office number 360.894.3838 to let us know so that we can update the Program Team of your arrival time.

Please let us know if you have any further questions!