

MEMORIAL DAY CAMPOUT

May 26-29, 2023

Welcome!

SAMPLE SCHEDULE

You are invited to an easygoing, laid-back, 'choose your own adventure' style weekend. Take time to meet each other and enjoy the beautiful grounds at your own pace. You are invited to a campfire with s'mores each evening, and to a Sunday morning service with musical worship led by Meredith Holland of Praise Covenant Church and a message from Rev. Sarah Hammersborg - Chaplain with Heart of Hospice. Pick and choose the activities you'd like to do below - as much or as little as you'd like!

General Information:

- **Sunday Morning Worship Service:** Join us for worship in Rainier Center at 10am. Summit Chapel will be available with a live audio feed for folks with young and active kids. We'll be taking an offering for our Camper Sponsorship Fund, so don't forget your wallet if you feel led to give!
- **Wristbands:** Please wear your wristband all weekend long: Yellow - all meals | Red - no meals. If you need a new one, please find a staff member.
- **Meal Times:** For those on the meal plan, meals will be served family style in the dining room in Nisqually Center. Meals will be served at the following times:
 - Breakfast: 8am
 - Lunch: 12pm
 - Dinner: 5:30pm
- **WiFi:** Select "Cascades_WiFi" in your settings and enjoy free, online access. For cell reception, try near the main entrance.
- **Day Guests:** Day guests are welcome to join us on Sunday. All guests should check in with our registrar and pay the applicable day and meal fees.
- **Campsites:** Campsites are assigned, so please limit your space to one site.
- **Pets:** Pets must be kept on leash and quiet, and must stay outside. Clean up after your furry friends, please!
- **Quiet Hours:** Thank you for respecting your neighbors from 10pm-7am!
- **Outdoor kitchen behind Liberty Ridge Center:** Cook your meal, clean up, then please make room to allow others to use the space. Place your used charcoal in the fire-proof metal garbage can provided.
- **Campfires:** No fires (including above-ground pits) at individual campsites, please. Propane fires are the only exception.
- **Camp Ends:** Monday at 11am. Please return your keys to the key drop bin outside Nisqually Center.
- **Need Something?** For non-emergent assistance (i.e. - fire alarm issues, lock-outs, paper product needs, etc.), locate a staff member. If you need assistance after hours, head up to Deer Ridge Lodge and follow the instructions provided.

Health & Safety:

- **Speed Limit:** Please drive slowly (10-15mph) and watch out for bikes! Keep driving to a minimum when possible.
- **Swimming:** No lifeguards are on duty; enter the swim section between the docks at your own risk! Children under 18 years old must be supervised by an adult.
- **Hiking:** Trail maps and suggestions can be found at the Rec Shed next to the Sport Court. Other than our suggested hikes, please stay within camp boundaries.
- **ATVs & Bikes:** No ATVs, please. Bikes are welcome, but must stay on paved roads. Don't forget your helmet!
- **Prohibited:** Please refrain from the use of alcohol, fireworks, open flames, and weapons.
- **Emergencies:** Please call 911 and then alert Cascades staff who are staying in Deer Ridge Lodge. AEDs are located in the Nisqually Center kitchen and Deer Ridge Lodge.

Hours:



- **Espresso Stand:** Sat/Sun 7:30am-5pm | Mon 7:30am-12pm (closed during meals & Sunday session)
- **Gift Store:** Sat/Sun 1-5pm | Mon 9am-12pm
- **Canteen:** Sat/Sun 1-5pm | Mon 9am-12pm
- **Boating:** All weekend | Canoes, row boats, kayaks, and paddle boards available. No Lifeguard on duty; enter the water at your own risk! Life jacket required. Children must be over 13 yrs to boat without an adult.
- **Rec Equipment:** All weekend | Equipment available at the Rec Shed next to the Sport Court.
- **Campfire & S'mores:** Fri/Sat/Sun 7:30pm | Liberty Ridge & Timber Rock Amphitheater.
- **Torch Lit Waterslide:** Sat/Sun 7-8pm | Liberty Ridge (must be at least 4ft tall to slide)
- **Zipline:** Sat & Sun 1pm | Sign up & pay \$10*. Weight limits (apply to single & tandem) = min 80lbs/max 250lbs. Tandem riders must be 5+ years & ride with a parent/guardian.
- **Sunset Park Adventure Course:** Sat 10-11:30am | Available only to raffle drawing winners. All are welcome to come and observe the soft opening of this new activity! Must be 4ft or taller and between 45-250lbs. Close-toed shoes required. Do not climb on the adventure course when it is not staffed.
- **Climbing Tower:** Sat 3-4:30pm | Sign up & pay \$5*
- **Paintball:** Sun 3-4pm | Sign up & pay \$10*
- **Pony Rides:** Sat 10-11:30am | Sunrise Ranch | 9 yrs and younger. No sign-up necessary!
- **Carpet Ball:** 9am-9pm | Located at Liberty Ridge Center and Brightwood Station.
- **Indoor Options:** All weekend | Summit Chapel, Timber Rock Rec Hall, Brightwood Depot, and Liberty Ridge Center will be available to hang out. Board games available.
- **Additional Self-Serve Options:** Hiking, biking, fishing, Disc Golf Course, Gaga Ball Pit, Sand Volleyball Court, Sport Court, and Rec Hall.

*Activity sign-ups will be at 8:30am on Saturday & Sunday outside Rainier Center. After 9am, head to the espresso stand instead.

