



S.A.L.T. Program Information

DROP-OFF to Camp:

- **Arrival:** Please arrive at Nisqually Center between **2:00pm and 3:00pm** on the first day. Registration opens at 2:00pm – contact the Registrar with questions. (**First time to Cascades?** Enter our address in your GPS – it'll bring you to our front gate on Peissner Road! Then you will continue on our main road for one mile to Nisqually Center.)
- **Sign-In:** You will need to sign-in your camper with the S.A.L.T. leaders.
- **Drop off for Meds, Luggage, etc.:** Check-in staff will instruct you on how and where to drop off your S.A.L.T.'s medications, mail, luggage, canteen money, etc. Cell phones will be turned off and safely stored. Campers may not keep their phones with them.

PICK-UP from Camp:

- **Departure:** There will be a closing gathering at **10:30am** at the Nisqually Center flagpole on the last morning of the S.A.L.T. session.
- **Parents are invited to join this closing gathering.** Park in the Nisqually Lodge parking lot, and then walk to the flagpole where you will find your camper and counselor.
- **Sign-Out:** You will need to sign your camper out from their counselor after chapel and pick-up your S.A.L.T.'s medications from the Health Assistant.

CAMPER MAIL:

- **At Drop-off:** Instead of mailing letters or packages to S.A.L.T.s, bring them with you when you bring your S.A.L.T. and we'll deliver them for you!
- **Not sure what to mail your camper?** New this year, Cascades is offering a pre-made Camper Mail Gift package. Available for purchase next to the Canteen at Drop-off.
- **Labeling Mail:** On the parcel, please include your S.A.L.T.'s name. If you choose to prepare a package for your S.A.L.T., please keep them small (shoebox size or smaller) as we handle an enormous volume of camper mail in busy weeks.
- **Delivery Time:** S.A.L.T. mail will be delivered before either lunch or dinner each day.

SPENDING MONEY:

- **Store Deposits:** To keep your S.A.L.T.'s funds safe and conveniently accessible during free time, deposit their funds in a spending account, with a maximum of \$75. Spending money may be deposited ahead of arrival through your online registration account or during drop-off on the first day of camp. *S.A.L.T.s may **not use cash** during their session. They must use their Camp Store account.*
- **Canteen:** S.A.L.T. may have up to two visits per day to purchase snacks and cold drinks, or vote to "ice bucket" a staff member. Canteen prices typically average \$0.50 - \$5.00 per item. There is a slight increase to the cost of candy this year due to the rising prices of food.
- **Gift Store:** We offer gift items, books, shirts, toiletries, and more. These purchases may be debited from S.A.L.T.'s Canteen account.
- **Unused Funds:** On the last day of camp, any remaining funds are returned to the S.A.L.T. or can be donated.

CELL PHONES:

- To preserve the unique environment of camp, we ask that cell phones are left at home. They can become a distraction. If your child brings a phone to camp, we will store it safely until the close of camp, when it can be picked up.
- There will be one break mid-stay for S.A.L.T.s to check their phones and call home. All other messages should be routed through the Cascades office.

ACCOUNT BALANCES:

- Outstanding balances must be paid two weeks prior to arrival. To pay, either (a) log on to your online account, (b) mail a check, or (c) provide your card information and authorize a payment by calling the office or emailing registrar@cascadescamp.org.

Any other questions? Check out the Cascades website at www.cascades.org for more information. There is an **FAQ** page under "Camps & Retreats" that may answer your question. Other questions may be sent to registrar@cascadescamp.org.

Please let us know if you have any further questions – see you soon!