

# Packing List

## -S.A.L.T. Program-

### What to Bring:

- Clothing for the entire session  
*Pack for all kinds of weather – rain & shine. Please be modest, as S.A.L.T.s set an example for campers.*
- Sleeping bag & pillow
- Toiletries (in a bag or case for carrying)  
*Soap/shampoo, toothbrush/paste, deodorant, etc.*
- Sunscreen, bug spray, flashlight, water bottle, hand sanitizer
- Modest swimwear & towel  
*No speedos or bikinis (tankinis or one-piece only)*
- Disposable camera preferred for photos. S.A.L.T.s may not keep their phones with them.
- Bible, pen, journal
- Medications  
*Place in plastic bag in original with Med Note inside. **Do not pack any meds in your luggage** – the Health Assistant will be collecting them when you arrive*
- Face masks are optional
- Spending money for Camp Store (*must be deposited in the Canteen*); all purchases must be made through their camper account and not cash.
- Optional: Special event clothing  
*“fancy night” (dress) clothes, team color clothes (red, blue, yellow, green are the colors – teams are TBD and unknown in advance), Skit/costume clothes, etc.*

### What NOT to Bring:

- Valuables
- Cell phones
- Personal electronics
- Fireworks
- Knives, weapons, other dangerous items or substances
- Bicycles (S.A.L.T.s will walk in groups to all activities)

