



# Primary Camp

We hope your camper is looking forward to a fun weekend out here at Cascades! Here's some information for you as you're getting ready for camp.

## **PACKING:**

- Clothing for all weather, jacket, extra shoes
- Sleeping bag & pillow
- Toiletries (soap, shampoo, toothbrush, toothpaste, etc.)
- Sunscreen & bug spray
- Water bottle, flashlight, disposable camera
- Swimsuit & towel
- Pony rides are an activity option. Should wear long jeans and sturdy shoes to ride.
- All medications in a Ziploc bag in their original packaging with a med note inside (but don't pack it in your bag! You will hand check it in with the Camp Nurse.)
- DO NOT BRING: valuables, cell phones, personal electronics, fireworks, or weapons

**Drop-off & Pick-up:** Drop-off is between **4:00-5:00pm on Friday** and pick-up is at **11:00am on Sunday** with closing chapel. Park your car in the Nisqually Center parking lot.

- Follow instructions from staff members and signs at both drop-off and pick-up.
- There will be a place to leave your camper's medications, mail, luggage, canteen money, etc.
- These items will also be available in the same areas at pick-up on Sunday.

**\*Is it your first time to Cascades?** Put our address into your smart phone maps app and head to our location which is southeast of Yelm city center. Once you reach our main entrance gate, follow signs all the way from the Cascades entrance one mile along the main road to our camp center called Nisqually Center.

**Camper Mail:** During your camper's time at camp they will have an opportunity to receive mail on Saturday before dinner. Instead of mailing letters or packages to campers, bring them with you when you bring your camper and we'll deliver them for you on Saturday! On the envelope please include your campers name and Primary Camp. If you choose to prepare a package for your camper, please keep them small (shoebox size or smaller) as the volume of mail can be huge and this is a shortened camp. Thanks!

**Canteen & Camp Store:** To keep your camper's funds safe and conveniently accessible during free time, deposit their funds to your online account by adding them to their registration. \$25 is a good amount, with a maximum of \$50. They will have free time on Saturday to go to the store.

- On the last day of camp, any remaining funds are returned to the camper or can be donated to our Camper Sponsorship Fund.
- The Gift Store offers gift items, shirts, stuffed animals, and even toothbrushes for those who forgot them! Campers can use their canteen account to make purchases at the Gift Store and Espresso Stand. Canteen and Espresso prices average typically \$1.00 - \$5.00 per item.

**Medications:** Medications must be in their **original packaging** and given to our Camp Health Assistant with our Med Note completed. Please do NOT pack medicine in your camper's luggage. We can provide over-the-counter medications like ibuprofen or allergy relief **IF** you have authorized us through your camper's medical form on their account.

**Waterfront:** Swimming and boating is an option during free time on Saturday. All primary campers must stay within our shallow, contained swimming area. Lifeguards are on duty. Life jackets are also required for all campers at this age regardless of skill level.

Email [registrar@cascadescamp.org](mailto:registrar@cascadescamp.org) with any additional questions. We'll see you soon!