

WEDNESDAY

- 2:00pm Arrive & Settle In
4:00pm Opening Gathering
(Alan, Debbie, & Evelyn)
"Building Community"
5:30pm Dinner
7:00pm Session #1 (Mark)
"Foundations for High
Trust Relationships"
8:30pm Fellowship & Snack

THURSDAY RETAIL HOURS

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| Espresso: 7:30-9am 11:30am-1pm 3:30-4:30pm (Closed during meal times) | Gift Store: 8:30-9am 12:30-1pm 3:30-4:30pm |
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THURSDAY

- 7:30am Guided Walk
Optional; Meet in Nisqually Lobby
8:00am Breakfast
Sign-ups available in Summit at 8:30
9:00am Session #2
(Alan, Debbie, & Evelyn)
"Staying Fresh & Green"
10:00am Morning Break
10:30am Morning Workshops
12:00pm Lunch
1:00pm Afternoon Workshops
2:30pm Afternoon Break
3:00pm Free Time (See Back)
5:30pm Dinner
7:00pm Session #3 (Alan/Debbie)
"Telling Your Story"
8:30pm Fellowship & Snack

FRIDAY

- 8:00am Guided Walk
Optional; Meet in Nisqually Lobby
9:00am Brunch
10:00am Session #4 (Dawn)
"A Living Sacrament"

THURSDAY WORKSHOPS

Morning:

- Growing as a Disciple (Summit)
GRANDparenting (Glacier)
Mentoring: A Legacy Opportunity (Longmire)

Afternoon:

- Intro to Crescendo (Summit)
Bonsai & the Tea Garden (Glacier)

FIRST
ANNUAL

SIXTIES
RETREAT

SAMPLE SCHEDULE

WITH PRESENTATIONS BY:

Alan Forsman, Clyde Ohta, Dawn Taloyo,
Debbie Blue, Evelyn Johnson, Mark Novak,
Nancy Carlson, & Sammi McCubbins