

Group Activities

Sunrise Ranch

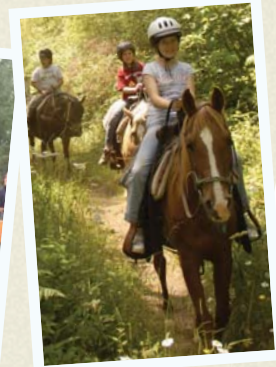
Cascades offers many equestrian activities to enhance your group's retreat. Enjoy guided trailrides on our 10 miles of scenic back country trails, hayrides around the grounds pulled by our team of Percheron draft horses, or wrangler-led pony rides for the kids.

Cost

Hay Rides - \$90/hr, Approx. 20/ride (can do multiple rides in an hour)

Trail Rides for 10+ yrs
\$20 per rider

Pony Rides for 9 yrs and under
\$45 - 1/2 hour
(approx. 20 pony riders)



Climbing Tower

Climb to new heights as you ascend the climbing tower! Test your skills and grow your confidence as you climb to the top of either one of our unique 50 foot paths. For those looking for an even greater challenge, try out the red rock route - don't forget to ring the bell!

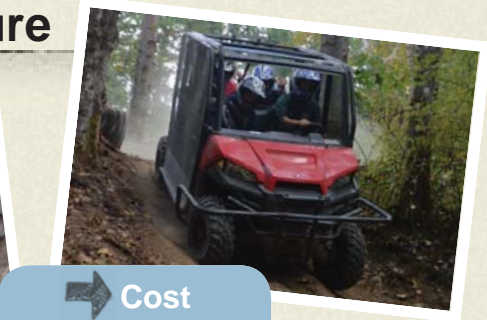
Cost

\$10 per climber
Approx. 20-25/hr



Northwest Rubicon Adventure

Experience the intense Northwest Rubicon Adventure off-road course with your group! Riders will experience a true 4x4 off-road adventure in our Polaris Rangers, including: the drop in, hill climb, reverse angles, rocky roads, tumbling timbers, and the watering hole! (Cascades staff drive)



Cost

\$5 per rider
Approx. 75/hr

High Adrenaline Zip Lines

Cascades invites you to take the plunge and fly on the High Adrenaline Zip Lines! Sail over tree tops on two 600 foot lines for a breathtaking adventure.

Cost

\$20 per rider
Approx. 30/hr
Weight Limit 80-250 lb
Tandem options available



Sauna

Grab your swimsuit and towel and enjoy the ultimate in relaxation while lounging in Cascades' hand-crafted Sauna. Surrounded by the picturesque wilderness of Elbow Lake, our Sauna is the perfect place to unwind during your time at Cascades.

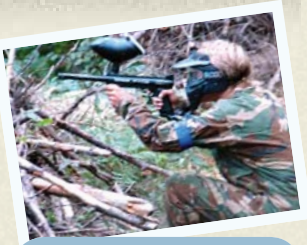
Cost

\$65 - 1 hr, 40 people
Estimating 15 min/person
(swimwear and clean towel required)



Paintball

Try our extreme paintball option! Get your team geared up and head to the giant, wooded, two-zone paintball course filled with trails, bunkers, and bushwhacking. Play games from "Capture the Flag" to "Protect the President." Grow and bond with your team and tell battle stories all night!



Cost

\$20 per player
Up to 25 players
players must be 13+ yrs
One Round Includes:
Tippman markers, mask,
200 rounds, 20 oz CO₂